



## AMERICAN ASSOCIATION FOR NUDE RECREATION [www.aanr.com](http://www.aanr.com)

**The AANR Largest Skinny-Dip Across North America.** In 2009 the Guinness World Records Organization created a category for the largest number of people simultaneously skinny-dipping, through the auspices of the American Association for Nude Recreation. Skinny-dipping, a wholesome tradition as old as mankind and frequently honored in art and movies, celebrates the natural joy of plunging into water without hindrance of clothing. AANR is coordinating the second annual skinny-dipping event at participating clubs and legally-sanctioned nude beaches throughout North America on Saturday 10 July 2010 at 3:00 pm Eastern Nudist Time; it's an exciting finale to Nude Recreation Week (July 5-11, 2010). Locations: [AANR.com/skinny-dip](http://AANR.com/skinny-dip).

**Try a NAKATION** - Can't decide what to do or where to go for vacation, but looking to experience something new, take a Nakation! More people than ever before are choosing a clothing-optional vacation, aka Nakation experience. The *North American Guide to Nude Recreation*, published by the American Association for Nude Recreation (AANR), is the best way to choose among hundreds of vacation options in this growing segment of the travel industry.

**Lost Luggage, No Problem** - Traveling with luggage is an ever-increasing pain in the neck. First there's security screening. Next, you can't lock your luggage and protect your belongings. Then, the overhead compartments never seem quite large enough. And if your luggage is checked, there's no guarantee it will arrive with you. Avoid this stress – and embark on a vacation to de-stress and rejuvenate. Plan a vacation to a nudist resort! Over 50,000 members of the American Association of Nude Recreation can't be wrong!

**Nude Weddings** - You've probably heard about underwater weddings or "I dos" said in mid-air while skydiving, but what about a nude wedding? For many nudists, the best way to be joined in holy matrimony is to do so in their most natural state – nude. Just think about the time and money saved shopping for a wedding dress or renting a tuxedo! AANR clubs have not only hosted nude weddings and vow renewals, there are also members who are ordained ministers and licensed to perform the ceremonies.

**Food & Nude** - Walk through any grocery store and it's clear that Americans today place a greater emphasis on natural and organic foods—naked juice, bare pita, bare naked granola, etc. This new trend is leading many to explore the possibilities that exist to nourish their mind, body and soul. Many are discovering that nude recreation is one of the purest and most wholesome ways to go "au natural."

**Great Gift Idea** - Looking for a unique gift that will definitely not be duplicated? Try giving membership in the American Association for Nude Recreation (AANR). Membership costs less than the price of a bathing suit and can be enjoyed on an individual or family basis. Currently, the association has nearly 50,000 individual members and 267 affiliated clubs, resorts and RV campgrounds. Privileges include a subscription to AANR's monthly newspaper, discounts at member clubs and on AANR merchandise and more!

**Media contact:** Mary Jane Kolassa at 407-838-1803 or [maryjane.kolassa@ypartnership.com](mailto:maryjane.kolassa@ypartnership.com)