

**IF THE TIMES HAVE YOU “MAD AS HELL AND NOT GONNA TAKE IT ANY MORE,”
TAKE A SKINNY-DIP AND COOL DOWN**

*Join The Guinness World Records™ Event
“The AANR – World Record Skinny-Dip Across North America”*

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KISSIMMEE, Fla. (May 14, 2009) – Back in 1976 after viewing “Network,” movie audiences went home, opened their windows and vented from frustrations over business, the economy, and other ills of the day. Today, widespread dissatisfaction is reminiscent of that movie’s character whose public display proved cathartic to so many. So, with an outstretched hand, the American Association for Nude Recreation is inviting those stressed from losing their shirt in the market, losing their job due to layoff, and losing their positive outlook over the headlines of the day, to cool off while setting a hot new record at “The AANR Largest Skinny-Dip Across North America.”

The Guinness World Records™ Organization has created a new category for the largest number of people simultaneously skinny-dipping, and the American Association for Nude Recreation (www.AANR.com) -- which attests “when the clothes come off, so do all the stresses associated with the work-a-day world,” is the contract association for this record-setting event.

Skinny-dipping, a wholesome tradition as old as mankind and frequently honored in art and movies, celebrates the natural joy of plunging into water without hindrance of clothing. AANR plans to coordinate skinny-dipping events at participating clubs and legally-sanctioned nude beaches throughout North America on Saturday, July 11, 2009 at 3:00 pm Eastern Nudist Time, as a cathartic release and an exciting finale to Nude Recreation Week (July 5-11, 2009).

In conformance with stated rules, all participants to be counted must be completely nude during the skinny-dip. First-time skinny-dippers are welcome and shyness can be accommodated.

As with all Guinness World Records™ events, all record attempts will be “witnessed” by a designated “member in standing” of the local community.

To locate event sites and learn how to participate in this exciting event at the location nearest you, visit: <http://www.aanr.com/skinny-dip.html>.

The American Association for Nude Recreation is the credible voice of reason on issues relevant to nude recreation and Nakationing in appropriate settings, serving more than 213,000 individuals who enjoy clothes-free and clothing-optional recreation throughout North America. For further information on nude recreation and the association’s affiliated clubs, contact AANR at **1-800-TRY-NUDE** or visit the association’s Web site at www.aanr.com.

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